



## **Covid-19 & Illness Policy**

### **Contact Procedure**

**If you are keeping your child home from school for any reason, please text or leave a message at 518-218-6656 to notify our teachers of your child's absence.**

Please notify the school at [learn@morningstarmontessorischool.org](mailto:learn@morningstarmontessorischool.org) if your child tests positive for Covid-19, has a contagious illness that warrants medication, or has the stomach bug or the flu. The School may share this information anonymously with the other parents if we see that an illness is going around in the classroom.

Your child may return to school if they have been fever free for more than 24 hours without the use of fever reducing medicine. We ask that if your child has had the stomach bug, that they be symptom free for 24 hours before their return to school to reduce the spread of illness in the classroom.

**Please keep your child home if they are exhibiting any of the following symptoms within the last 24 hours:**

- Fever (greater than 100.0°F)/chills
- Cough/shortness of breath
- Fatigue
- Muscle/body aches
- Headache
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea
- New loss of taste/smell

## **COVID-19**

### **Testing**

If your child is sick and displaying symptoms of Covid-19 (listed above), it is recommended that you test your child using a PCR test or at-home antigen test. If your child tests positive for Covid-19, please notify the school at [learn@morningstarmontessorischool.org](mailto:learn@morningstarmontessorischool.org).

### **Covid Positive**

If your child tests positive for Covid, they must stay home and isolate for 5 days (Day 0 is day of symptom onset or positive test). On day 6, your child may return to school if they are fever free without fever reducing medicine for 24 hours and their symptoms are improving. Your child will need to mask in the classroom on days 6-10.

### **Exposure to Covid**

If your child is exposed to Covid, they may continue to attend school if they are symptom free. In alignment with current CDC recommendations, anyone with a known or suspected Covid-19 exposure is encouraged to wear a mask for 10 days and get tested at least 5 days after close contact (or sooner if symptoms develop). We will continue to notify Morning Star families if there is a positive case in the classroom.

### **Masking**

Universal masking is not required in the classroom. We respect everyone's right to choose to mask if they would like to. Children will be required to wear a mask if they are returning to the classroom after testing positive, have isolated for 5 days and their symptoms are improving.

**Resources****Parent/Caregiver Fact Sheet from NYSDOH and NYSED**

[https://coronavirus.health.ny.gov/system/files/documents/2022/08/2022-23-school-year-covid-19-school-faqs-for-parents-caregivers\\_8-22-22.pdf](https://coronavirus.health.ny.gov/system/files/documents/2022/08/2022-23-school-year-covid-19-school-faqs-for-parents-caregivers_8-22-22.pdf)